



# Trinity News

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[www.trinityrockford.org](http://www.trinityrockford.org)

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ROCKFORD, IL  
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Staff:

Rev. Jay P. Quinn, Pastor; Dollye Kozel, Administrative Assistant;  
Deacon Jean Anderson, Organist

*A Congregation of the Evangelical Lutheran Church in America*

### Help Provide Water for 500 Families!

During Epiphany and Lent, Trinity is going to be collecting donations to purchase a well through ELCA Good Gifts.

Lack of access to clean water is one of the biggest challenges to overcoming poverty.

We can purchase a well for \$2,500, which will allow 500 families access to clean, safe water.



Let's help keep a community healthy!

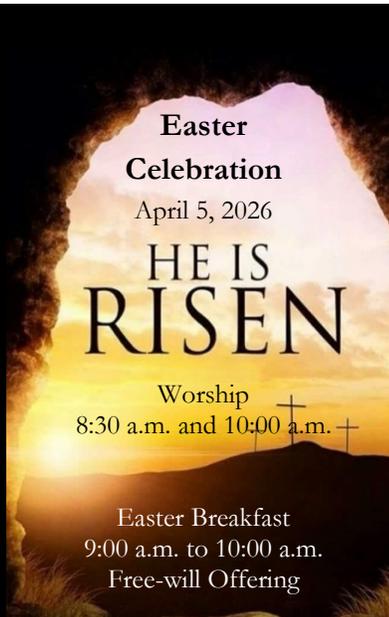
### Holy Week Worship

Sunday, March 29<sup>th</sup>  
Palm/Passion Sunday Worship  
8:30 and 10:00 a.m.

Monday, March 30<sup>th</sup>  
Prayer Vigil  
Commit 20 minutes to pray sometime today.  
Bannen Chapel will be open from 9:00 a.m. to 7:00 p.m.

Thursday, April 2<sup>nd</sup>  
Maundy Thursday Worship  
12:00 noon and 7:00 p.m.

Friday, April 3<sup>rd</sup>  
Good Friday Worship  
12:00 noon Soup/Bread Lunch  
7:00 p.m. Tenebrae



### Easter Celebration

April 5, 2026

# HE IS RISEN

Worship  
8:30 a.m. and 10:00 a.m.

Easter Breakfast  
9:00 a.m. to 10:00 a.m.  
Free-will Offering

### Annual Mostaccioli Dinner Needs your help!

We are once again having the Mostaccioli Dinner and Raffle on Friday, April 24 from 4:30 - 6:30 to benefit the Trinity Day Care. We are asking for your help to make this event a great success.

We need volunteers the night of the dinner. We have two shifts, 4:15 - 5:30 and 5:30 - 6:45. If you are willing to help, please call the church office.

Also, donations of completed raffle baskets or monetary donations are greatly appreciated. Please bring all donated baskets to the church office by April 18<sup>th</sup>.

### Did You Know?

- **Check out our website** by visiting [www.trinityrockford.org](http://www.trinityrockford.org)
- **Trinity News** can be delivered straight to your inbox via email. If you would like to receive the newsletter through email, please email the office at [office@trinityrockford.org](mailto:office@trinityrockford.org) or call the Church office at 815-963-4446.
- **Upcoming deadlines for the Trinity News** are:

**April 3<sup>rd</sup>** for the April 17<sup>th</sup> issue      **April 17<sup>th</sup>** for the May 1<sup>st</sup> issue

**NOTE: Please make submissions before the deadline.**

Cornucopia is collecting canned fruit during the month of March.



**Trinity's Office Hours**  
Monday – Friday  
9 a.m. – 2:00 p.m.

# TRINITY NEWS

A PUBLICATION OF TRINITY LUTHERAN CHURCH

STRIVING TO BE THE HANDS OF JESUS

Gather ~ Invite ~ Share ~ Serve

200 N. First Street • Rockford, IL • 61107 • 815-963-4446

[www.trinityrockford.org](http://www.trinityrockford.org)



Volume 63, Issue 6

March 20, 2026

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## “Remember the Sabbath”

As we make our way through the Lenten season, let us remember the Sabbath. Lent has forty days from Ash Wednesday to Easter. However, the Lenten calendar does not include Sundays in these forty days. Sundays are a special time.

Sundays carry a different quality of time. The Church is intentional in not counting Sundays during Lent because Sundays are “little Easters.” Sundays and the Sabbath have always carried a special quality about them for God’s People. In our Judeo-Christian heritage, the Sabbath tradition gives a rhythm to time. When we ignore that rhythm, it brings about an unraveling of our lives, a spiritual and physical brokenness. God created and integrated “Sabbath” into the very creation—a rhythm that beats in nature itself.

One of the Biblical dimensions of Sabbath is rest. Abraham Joshua Heschel describes it as “giving yourself a chance to see that you’re created to be more than a beast of burden, that you are created by God, first of all, for the sheer joy of it.” We produce and consume all week. Our worth, our identity, our dignity is tied up in work—in what we do. The Sabbath calls us to be, not to do, but to be, in the presence of the living God.

Another Biblical dimension of Sabbath is worship. The Holy Spirit calls us into community—the Church. We are not called to achieve community or to produce community. Community is a gift from God. Sabbath is a call to celebrate the Spirit’s gift of community.

There is an ebb and flow—a rhythm to God’s people: from vertical to horizontal, from contemplation to action, from retreat to pressing forward, from enjoying God to working with God. Both dimensions are a part of the Sabbath rhythm. Lent can help us focus on the central meaning of the Sabbath in our lives.

Pastor Jay

## Church Calendar March 21 - April 4

### Saturday, March 21<sup>st</sup> – Psalm 23

9:00 a.m. Sanctuary Cleaning (S)

### Sunday, March 22<sup>nd</sup> – John 11: 1-45

8:30 a.m. Worship (S)

9:30 a.m. Fellowship (AH)

10:00 a.m. Worship (S)

4:00 p.m. Ice Hogs (BMO)

### Monday, March 23<sup>rd</sup> – Ezekiel 37: 1-14

### Tuesday, March 24<sup>th</sup> – Romans 8: 6-11

2:00 p.m. Exodus Bible Study (CR)

6:00 p.m. Social Ministries Team (MNTS)

### Wednesday, March 25<sup>th</sup> – Hosea 11: 1-9

9:30 a.m. Trinity Quilters (QR)

12:00 noon Lenten Service (AH)

12:45 p.m. TDC Board (BL)

7:00 p.m. Lenten Service (AH)

### Thursday, March 26<sup>th</sup> – Isaiah 53: 4-12

### Friday, March 27<sup>th</sup> – Luke 19: 41-44

### Saturday, March 28<sup>th</sup> – Psalm 130

### Sunday, March 29<sup>th</sup> – Matthew 21: 1-11

#### *Palm/Passion Sunday*

8:30 a.m. Worship (S)

9:30 a.m. Fellowship (AH)

10:00 a.m. Worship (S)

### Monday, March 30<sup>th</sup> – Matthew 26: 14-27: 66

9:00 a.m. Prayer Vigil (BC)

### Tuesday, March 31<sup>st</sup> – Isaiah 50: 4-9a

### Wednesday, April 1<sup>st</sup> – Philippians 2: 5-11

### Thursday, April 2<sup>nd</sup> – John 13: 1-35

#### *Maundy Thursday*

12:00 noon Worship (S)

7:00 p.m. Worship (S)

### Friday, April 3<sup>rd</sup> – John 18: 1-19: 42

#### *Good Friday*

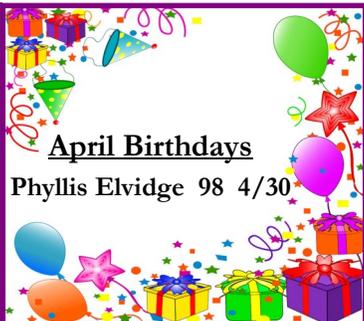
12:00 noon Worship and Lunch (AH)

7:00 p.m. Tenebra Worship (S)

### Saturday, April 4<sup>th</sup> – Psalm 31: 9-16



Wednesday Lenten  
Services  
Anderson Hall  
12 noon  
and 7 p.m.



### April Birthdays

Phyllis Elvidge 98 4/30



Grab your duster and join the fun! The sanctuary could use a little spiffing up for our Easter celebration so let's see what we can do! Wiping down windowsills, cleaning out hymnal racks and fluffing cushions are a few of the tasks at hand. **March 21<sup>st</sup> at 9:00am.**



**Please Pray For:** Chase and all the US servicemen and women serving our country, Donovan, Gayle, Lisa, Dea, Draven, Rod, Stacy, Tim, Tina, Donna, Bill, Crystal, Shannon, Brandi, Tyler, Kim, Joyce, Michael, Ron, Anthony, Chuck, Kenny, DeAnn, Joshua, Tonya, Char, Joyce, Regina, Russ, Judy, Jerry, Dave, Deb, Steve, Joyce, Hazel, Kris, Danny, Danille, Rosie, Curt, Barb, Pat, Matthew, Art, Diane, James, William

